



Disclaimer

1. General Disclaimer

- This group is a peer support group. We are not a substitute for professional medical advice, diagnosis, or treatment.
- Any information shared during meetings, on our website, or in other communications is for general support and informational purposes only.

2. No Professional Advice

- The facilitators and members of this group are not licensed healthcare providers, therapists, or medical professionals.
- For specific medical advice or treatment, we encourage you to consult a qualified healthcare professional.

3. Personal Responsibility

- Participation in this group is voluntary, and members are responsible for their own actions and decisions.
- Please seek professional guidance before making any changes to your treatment or lifestyle based on information shared in the group.

4. Emergency Situations

- This group is not equipped to handle crisis situations or emergencies.
- If you are in immediate danger or need urgent assistance, please contact emergency services or a mental health crisis hotline in your area.