



# Private Assessment

## Guidelines

### Understand the difference

Unlike Right to Choose you pay directly for the assessment. Waiting lists are much shorter but the costs are high

### Choose Wisely

When you are choosing a private clinic make sure the clinic is run by a specialist registered with the GMC and follows NICE guidelines for ADHD. Make sure they offer a full assessment, report and titration (not just a quick test)

### Think about shared care

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# Costs and Considerations

## These costs are estimates

- Initial assessment £500-£900
- Medication titration £200-£400
- Ongoing reviews £100-£200

Ask for a written price breakdown before booking

## Protect your self

Get everything in writing. With the assessment will support shared care and who prescribes medication after titration

