



NHS

Right to Choose

Guidelines

Find a private clinic that accepts Right to Choose in your area

Make sure the clinic is on the NHS contract list, provides assessments for adults and has a pathway back to your GP for shared care. The last one is important.

Once you have chosen a clinic

Make sure they have a pathway back to your GP for shared care.

This means that your GP can take over your prescription once the private clinic has diagnosed and followed titration procedures.

This is extremely important as not all GPs accept shared care. Without shared care it is likely you will need to pay full price for your prescription indefinitely.

Before paying for an assessment, ask your GP in writing if they would accept shared care.

Write to your GP

"I would like a referral to [clinic name] for an ADHD assessment under Right to Choose.

Include as much information about the clinic as possible. Name of clinic, address of clinic, name of clinician